FLUID THERAPY





There are three types of fluid disturbance:

- 1- Changes in volume (dehydration, blood loss).
- 2- Changes in content (hyperkalemia).
- 3- Changes in distribution (pleural effusion).

Routes of Fluid Administration

Route of administration	Advantages	Disadvantages
Oral	 Safest route Easy 	 Less rapid absorption Possible aspiration Cannot use for vomiting animals
Subcutaneous	 Relatively easy to administer Absorption distributed over time 	 Possible infection Must use isotonic fluids Slower absorption

Routes of Fluid Administration

Route of administration	Advantages	Disadvantages
Intravenous	 Precise amount given is available rapidly Various tonicities of fluid can be used 	 Possible fluid overload and vessel damage Requires close monitoring Must be sterile
Intraperitoneal	 Relatively rapid absorption Can be used when IV access is not available 	 Possible infection Cannot use hypertonic solutions Abdominal surgery hindered after administration

- Fluid therapy in animals may involve the use of crystalloids and/or colloids.
- Crystalloids are diffusible substances that dissolve in solution.
- Colloids are nondiffusible substances.

Types of Crystalloids

O Isotonic 0.9% sodium chloride (normal saline) • Lactated Ringer's solution **O**Normosol® **O**Plasmalyte® • Hypotonic • 5% dextrose in water (D_5W) O ¼ NS (0.25% normal saline) $0\frac{1}{2}$ NS (0.45% normal saline) Hypertonic ○0.9% normal saline with 5% dextrose ○10% dextrose in water 3% normal saline

Types of Colloids

Natural

- Plasma
- Albumin
- Whole blood

Synthetic

- Dextrans
- Hydroxyethyl starch
- Oxypolygelatin

- An isotonic solution has the same osmotic pressure as blood and extracellular water.
- A hypotonic solution has osmolality lower than that of blood.
- A hypertonic solution has osmolality higher than that of blood.

The clinical estimation of dehydration in animals by : * Degree of skin turgor * Dryness of m.m *Sunken of eye *The cornea become dull.



* However the horse may be 30% deficient in total body water before the skin is clinically abnormal.

*The water need for daily maintenance is estimated to be 40 ml / Kg B.W. / 24 hrs(this is sufficient for all loss from the skin, respiratory tract, and for urine formation).

Fluid Required

- Fluid Required = Fluid replacement + Fluid Maintenance. Fluid Replacement =
- % Dehydration × Body weight × 1000 × 0.8

Fluid maintenance = $(30 \times Body weight) + 70$

% Dehydration	Eyeball Status	Skin Tent (in seconds)	Mucus membranes	
0	None	<1	Moist	
1-5	None to Slight	1-4	Moist	
6-8	Slight Separation	5-10	Tacky	
9-10	<5 mm gap	11-15	Tacky to dry	
11-12	5-10 mm gap	16-45	Dry	

Emergency Drugs

- In an emergency situation, it is important to remember basic life support
 - •A = airway = establish a patent airway (endotracheal tube, suctioning, tracheostomy)
 - •B = breathing = provide oxygen to the patient by providing airway or mechanical ventilation
 - OC = circulation = get blood moving, either by manual manipulation of the heart or by the use of drugs

